

A Summary of Graduate Well-Being Survey Data Tables and Report

The appended data tables present aggregate responses to the Graduate Student Well-Being Survey. The Graduate Student Well-Being Survey Report ¹ and Regents Discussion Item A4 focus on analyses of selected topic areas and comparisons among subgroups. This summary describes survey methods (population, sampling, and response rates, and survey topics areas) and how we calculated ratings of each measure for graduate student well-being. The summary also introduces future research topic areas.

SURVEY POPULATION, SAMPLE, AND RESPONDENTS

The Graduate Student Well-Being Survey was administered in Spring 2016. About 50,000 academic and professional graduate students were enrolled during this term. To more effectively administer the survey, we drew a stratified random sample of over 13,400 students from the entire graduate enrollment population. Also, to ensure the small sub-populations (e.g., African American) had sufficient responses to the survey, we oversampled small sub-populations by campus, race/ethnicity, and discipline. UCOP received 5,356 completed responses, for a response rate of 40 percent. Due to the sampling method, respondents of some sub-groups (e.g., underrepresented minorities) were over-represented, and some other sub-groups (e.g., Whites and respondents in professional fields) were under-represented. Weights were constructed to adjust for differences between the population and respondents, but the weighted results were similar to those based on original responses, so the report, the Regents materials for this topic, and the appended data tables present the unweighted results.

SURVEY TOPIC AREAS AND DATA ANALYSES

The survey included nine topic areas (Table 1). The appended data tables present responses to all topic areas. We also examined the results of six topic areas (Table 1) by gender, LGBTQ (lesbian, gay, bisexual, transgender and queer) status, race/ethnicity, student level (academic master's students, academic doctoral students who had not advanced to candidacy, academic doctoral students who had advanced to candidacy, and graduate professional students), and discipline (Humanities, Professional Fields, Science, Technology, Engineering, and Mathematics (STEM), and Social Sciences).

Calculating Ratings for Each Topic Area

The Regents discussion item includes a figure (Figure 2 in Regents Discussion Item A4) showing major findings on six topics: student satisfaction with life, depression symptoms, dissatisfied with mentorship and advising, not financially confident, food insecure, and not upbeat about career prospects. The following sections describe how we calculated ratings for each of these topics.

Satisfaction with life. The survey includes five questions (see Questions 1-5 in the appended data tables) to measure student satisfaction with life. Responses for each question ranged from one (strongly disagree) to seven (strongly agree). We calculated the sum of the responses across the five questions, yielding a score from five to thirty-five. Respondents with a total score of 20 or above are defined as generally satisfied with life. Only those who answered all five questions related to life satisfaction were included for this analysis.

¹ The Graduate Student Well-Being Survey Report is available at http://www.ucop.edu/institutional-research-academic-planning/files/graduate_well_being_survey_report.pdf.

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The results show that 73 percent of respondents scored 20 or above, so we concluded that 73 percent were satisfied with their life.

Table 1. Survey Topic Areas and Analyses Covered in the Report and Appended Data Tables

Topic areas in the survey	Results in the appended tables	Results in the report and the Regents material	Future research areas
Satisfaction with life	√	√	
Depression	√	√	
Satisfying basic human needs	√	√ (e.g., financial confidence)	
Succeeding academically	√	√ (e.g., mentorship and advising, career prospects)	
Climate and belonging	√	×	√
Well-being maintenance	√	√ (e.g., food security)	
Social support	√	×	√
Growth mindset	√	×	√
Priority with regard to attention	√	√	

Depression. Students were asked to respond to 20 questions (Questions 6-25) to measure their level of depression using the Center for Epidemiologic Studies Depression Scale Revised (CESD-R). Each question asks how many days in the last two weeks the respondents experienced certain symptoms. The response scale includes five categories: not at all or less than one day, one to two days, three or four days, five to seven days, and nearly every day for two weeks. The five response choices were scored as zero points for “not at all or less than one day,” one point for “one to two days,” two points for “three to four days,” and three points for other two categories. We calculated the sum of the scores across all twenty questions. Those with a total score of 16 or more were defined as having at least mild symptoms of depression. Those with a total score of 28 or more are defined as having more severe symptoms of depression. Only those who answered all these twenty questions were included for this analysis. The results show that 35 percent of respondents scored 16 or above, so we concluded that 35 percent of respondents experienced depressive symptoms. In addition, 14 percent of respondents scored 28 or above, so we concluded that 14 percent experienced symptoms associated with severe depression, which is close to the National College Health Assessment 2015 survey results that 12 percent of graduate students were diagnosed or treated with depression in the past year.

Succeeding Academically (e.g. mentorship and advising and career prospects). This survey section includes 37 questions (Questions 38-64) regarding academic performance and success. While the appended data tables present responses to all 37 questions, the report only examined two topics: mentorship and advising (Question 47) and career prospects (Question 40). We collapsed response categories into three groups: “disagree” (“strongly disagree”, “disagree”, and “slightly disagree”), “neutral” (“neither disagree nor agree”), and “agree” (“slightly agree”, “agree”, and “strongly agree”). The results show that 23 percent and 30 percent

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of respondents fell in the “disagree” category of mentorship and advising and career prospects, respectively, so we concluded that 23 percent of respondents were not satisfied with mentorship and advising, and 30 percent were not upbeat about their career prospects.

Satisfying basic human needs (e.g. financial confidence). The survey includes 26 questions in this topic area (Questions 26-37 and 116-129). The appended data tables show responses to most questions except open-ended questions. We focused the analysis of this topic area on student financial confidence (Question 35). For reporting purpose, we collapsed response categories to “disagree” (“strongly disagree”, “disagree”, and “slightly disagree”), “neutral” (“neither disagree nor agree”), and “agree” (“slightly agree”, “agree”, and “strongly agree”). With this method, we found that 43 percent of respondents fell in the “disagree” category, so we concluded that 43 percent of respondents were not financially confident.

Well-being maintenance (e.g. food insecure). Respondents were also asked about experiences in well-being maintenance (Questions 77 and 100). The appended data tables present responses to almost all questions except several open-ended questions. The report analyzed two questions (Questions 94 and 95) to determine student food security level. They are “I was worried whether my food would run out before I got money to buy more” and “The food that I bought just didn’t last, and I didn’t have money to get more.” The response scale of these two questions had three options: “never true,” “sometimes true,” and “often true.” The response choices were scored as two points for “often true,” one point for “sometimes true,” and zero points for “never true.” Then we calculated the sum across the two questions and categorized those with a score of zero as “food secure” and those with a score of one to four as “food insecure.” This method is consistent with similar research using the same two questions to measure food security. The results show that 29 percent of respondents scores one point or above, so we concluded that 29 percent of respondents were food insecure.

Results by demographics

The analyses show that there are significant differences in the topics described above by LGBTQ status, race/ethnicity, level of study, and/or discipline, but not by gender. The report and the Regents material present results by LGBTQ status, race/ethnicity, level of study, and/or discipline where there was a significant difference. The appended data tables show aggregate responses to all questions except open-ended and demographic questions.

FUTURE RESEARCH

Institutional Research and Academic Planning (IRAP) at the University of California Office of the President continues to examine graduate student well-being based on the survey data, especially focusing on the topic areas and survey questions that have not yet been covered in the report. Specifically, the future research topics will cover climate and belonging, social support, and growth mindset. IRAP will also merge this survey data with graduate student enrollment, completion, and other survey data to further examine effect of well-being and mental health on student academic success and career pursuits.

Graduate Student Well-Being Survey Responses

Institutional Research and Academic Planning, UCOP, 5/2/2017

Note: This analysis includes completers only. Those who completed some of the questions, but did not submit the survey were excluded.

Below are five statements with which you may agree or disagree. Indicate your agreement or disagreement

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
1. In most ways my life is close to my ideal.	234	676	634	510	1,293	1,636	352	5,335	4.4%	12.7%	11.9%	9.6%	24.2%	30.7%	6.6%	100.0%
2. The conditions of my life are excellent.	185	564	632	575	1,257	1,635	484	5,332	3.5%	10.6%	11.9%	10.8%	23.6%	30.7%	9.1%	100.0%
3. I am satisfied with life.	139	413	489	457	1,185	1,977	667	5,327	2.6%	7.8%	9.2%	8.6%	22.2%	37.1%	12.5%	100.0%
4. So far I have gotten the important things I want in life.	156	391	488	506	1,257	1,853	684	5,335	2.9%	7.3%	9.1%	9.5%	23.6%	34.7%	12.8%	100.0%
5. If I could live my life over, I would change almost nothing.	358	773	850	705	990	1,210	450	5,336	6.7%	14.5%	15.9%	13.2%	18.6%	22.7%	8.4%	100.0%

Below is a list of some of the ways you may have felt or behaved. For each statement, please indicate how often you have felt this way recently by selecting the option you most agree with.

	Not at all or less than 1 day last week	One or two days last week	Three to four days last week	Five to seven days last week	Nearly every day for two weeks	Total	Not at all or less than 1 day last week	One or two days last week	Three to four days last week	Five to seven days last week	Nearly every day for two weeks	Total
6. My appetite was poor.	3,386	1,255	419	126	142	5,328	63.6%	23.6%	7.9%	2.4%	2.7%	100.0%
7. I could not shake off the blues.	2,397	1,817	631	212	251	5,308	45.2%	34.2%	11.9%	4.0%	4.7%	100.0%
8. I had trouble keeping my mind on what I was doing.	1,481	1,956	1,093	402	389	5,321	27.8%	36.8%	20.5%	7.6%	7.3%	100.0%
9. I felt depressed.	2,614	1,615	566	250	281	5,326	49.1%	30.3%	10.6%	4.7%	5.3%	100.0%
10. My sleep was restless.	1,822	1,810	988	345	365	5,330	34.2%	34.0%	18.5%	6.5%	6.8%	100.0%
11. I felt sad.	2,048	1,999	702	289	292	5,330	38.4%	37.5%	13.2%	5.4%	5.5%	100.0%
12. I could not get going.	2,459	1,732	654	247	237	5,329	46.1%	32.5%	12.3%	4.6%	4.4%	100.0%
13. Nothing made me happy.	3,789	981	311	130	116	5,327	71.1%	18.4%	5.8%	2.4%	2.2%	100.0%
14. I felt like a bad person.	3,585	1,132	333	122	149	5,321	67.4%	21.3%	6.3%	2.3%	2.8%	100.0%
15. I lost interest in my usual activities.	3,241	1,362	402	164	153	5,322	60.9%	25.6%	7.6%	3.1%	2.9%	100.0%
16. I slept much more than usual.	3,338	1,244	435	160	151	5,328	62.7%	23.3%	8.2%	3.0%	2.8%	100.0%
17. I felt like I was moving too slowly.	2,437	1,484	731	322	356	5,330	45.7%	27.8%	13.7%	6.0%	6.7%	100.0%
18. I felt fidgety.	2,877	1,314	642	237	243	5,313	54.2%	24.7%	12.1%	4.5%	4.6%	100.0%
19. I wished I were dead.	4,818	319	90	32	56	5,315	90.6%	6.0%	1.7%	0.6%	1.1%	100.0%
20. I wanted to hurt myself.	5,069	171	45	18	24	5,327	95.2%	3.2%	0.8%	0.3%	0.5%	100.0%
21. I was tired all the time.	2,051	1,541	792	394	544	5,322	38.5%	29.0%	14.9%	7.4%	10.2%	100.0%
22. I did not like myself.	3,407	1,104	390	200	214	5,315	64.1%	20.8%	7.3%	3.8%	4.0%	100.0%
23. I lost a lot of weight without trying to.	4,902	237	96	28	62	5,325	92.1%	4.5%	1.8%	0.5%	1.2%	100.0%
24. I had a lot of trouble getting to sleep.	2,814	1,370	608	249	290	5,331	52.8%	25.7%	11.4%	4.7%	5.4%	100.0%
25. I could not focus on the important things.	2,251	1,685	770	311	315	5,332	42.2%	31.6%	14.4%	5.8%	5.9%	100.0%

Below are statements with which you may agree or disagree. Indicate your agreement or disagreement with each item by selecting the appropriate response.

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
26. Where I live, I feel safe.	91	133	236	229	519	2,326	1,804	5,338	1.7%	2.5%	4.4%	4.3%	9.7%	43.6%	33.8%	100.0%
27. Where I live, I'm satisfied with my living conditions.	162	251	379	259	837	2,125	1,320	5,333	3.0%	4.7%	7.1%	4.9%	15.7%	39.8%	24.8%	100.0%
28. My housing situation has weighed on me lately. (REVERSED)	1,083	1,088	300	666	849	787	553	5,326	20.3%	20.4%	5.6%	12.5%	15.9%	14.8%	10.4%	100.0%
29. On campus, I feel safe.	85	144	256	415	652	2,330	1,441	5,323	1.6%	2.7%	4.8%	7.8%	12.2%	43.8%	27.1%	100.0%
30. Over the past two weeks, I've been able to get enough sleep at night to feel fully alert and well rested during the day.	500	898	851	434	946	1,320	387	5,336	9.4%	16.8%	15.9%	8.1%	17.7%	24.7%	7.3%	100.0%

32. Over the past two weeks, would you say that you've gone to bed and woken up at consistent times every day, or that it has varied?	Consistent times	It has varied a little	It has varied some	It has varied a lot	Total	Consistent times	It has varied a little	It has varied some	It has varied a lot	Total
	1,038	2,211	1,234	854	5,337	19.4%	41.4%	23.1%	16.0%	100.0%

33. How has your overall health been this term?	Very Poor	Poor	Fair	Good	Very Good	Total	Very Poor	Poor	Fair	Good	Very Good	Total
	117	500	1,754	2,318	647	5,336	2.2%	9.4%	32.9%	43.4%	12.1%	100.0%

34. Have you been sick or ill this term?	Yes	No	Total	Yes	No	Total
	2,493	2,844	5,337	46.7%	53.3%	100.0%

Below are statements with which you may agree or disagree. Indicate your agreement or disagreement with each item by selecting the appropriate response.

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
35. I'm confident about my financial situation.	791	807	702	497	951	1,201	391	5,340	14.8%	15.1%	13.1%	9.3%	17.8%	22.5%	7.3%	100.0%
36. I can get by financially without having to cut back on too many of the things that are important to me.	551	706	679	491	1,038	1,395	478	5,338	10.3%	13.2%	12.7%	9.2%	19.4%	26.1%	9.0%	100.0%
37. I've been concerned about money lately.	332	640	377	495	1,146	1,221	1,126	5,337	6.2%	12.0%	7.1%	9.3%	21.5%	22.9%	21.1%	100.0%
I'm																
38. On track to complete my degree program on time.	137	265	310	476	716	1,973	1,458	5,335	2.6%	5.0%	5.8%	8.9%	13.4%	37.0%	27.3%	100.0%
39. Well prepared for the work required to complete my program.	92	269	421	514	1,087	1,925	1,025	5,333	1.7%	5.0%	7.9%	9.6%	20.4%	36.1%	19.2%	100.0%
40. Upbeat about my post-graduation career prospects.	463	551	582	911	934	1,247	642	5,330	8.7%	10.3%	10.9%	17.1%	17.5%	23.4%	12.0%	100.0%
41. Not very engaged by my day-to-day work. (REVERSED)	720	1,493	811	831	829	491	156	5,331	13.5%	28.0%	15.2%	15.6%	15.6%	9.2%	2.9%	100.0%
42. I have the space and the resources I need in the university to succeed academically.	245	326	445	472	1,027	2,060	761	5,336	4.6%	6.1%	8.3%	8.8%	19.2%	38.6%	14.3%	100.0%
My academic work...																
43. is meaningful and inspires me.	103	183	225	337	827	1,928	1,701	5,304	1.9%	3.5%	4.2%	6.4%	15.6%	36.3%	32.1%	100.0%
44. stretches and challenges me intellectually.	79	85	112	261	602	1,935	2,213	5,287	1.5%	1.6%	2.1%	4.9%	11.4%	36.6%	41.9%	100.0%
45. I feel well-prepared by the methods training I've received in my program.	198	345	457	416	1,013	1,900	932	5,261	3.8%	6.6%	8.7%	7.9%	19.3%	36.1%	17.7%	100.0%
46. This term, my academic work involves a high degree of collaboration.	423	668	471	554	1,106	1,366	664	5,252	8.1%	12.7%	9.0%	10.5%	21.1%	26.0%	12.6%	100.0%
47. Satisfied with the mentorship and advising I receive in my program.	305	418	481	473	840	1,497	1,261	5,275	5.8%	7.9%	9.1%	9.0%	15.9%	28.4%	23.9%	100.0%
48. Satisfied with the career support I receive in my program.	426	521	536	829	859	1,249	673	5,093	8.4%	10.2%	10.5%	16.3%	16.9%	24.5%	13.2%	100.0%

49. Do you have an advisor?	Yes	No	Total	Yes	No	Total
	4,501	832	5,333	84.4%	15.6%	100.0%

(If yes) My academic advisor...

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
50. is a real mentor to me.	236	326	287	615	791	1,263	963	4,481	5.3%	7.3%	6.4%	13.7%	17.7%	28.2%	21.5%	100.0%
51. doesn't really advocate for me. (REVERSED)	1,140	1,363	438	821	279	304	131	4,476	25.5%	30.5%	9.8%	18.3%	6.2%	6.8%	2.9%	100.0%
52. allows me to set my own priorities.	72	108	135	547	689	1,921	1,008	4,480	1.6%	2.4%	3.0%	12.2%	15.4%	42.9%	22.5%	100.0%
53. provides advice and resources in support of my goals and ambitions.	155	168	203	548	851	1,595	957	4,477	3.5%	3.8%	4.5%	12.2%	19.0%	35.6%	21.4%	100.0%
54. helps me find other mentors and sponsors.	252	361	324	1,083	685	1,176	593	4,474	5.6%	8.1%	7.2%	24.2%	15.3%	26.3%	13.3%	100.0%
55. seems genuinely interested in my personal well-being.	180	200	191	605	689	1,437	1,173	4,475	4.0%	4.5%	4.3%	13.5%	15.4%	32.1%	26.2%	100.0%
56. is aware of and supportive of my financial well-being.	297	450	376	1,180	611	960	596	4,470	6.6%	10.1%	8.4%	26.4%	13.7%	21.5%	13.3%	100.0%
57. is actively involved in my academic training.	212	291	351	692	777	1,258	887	4,468	4.7%	6.5%	7.9%	15.5%	17.4%	28.2%	19.9%	100.0%
58. is open to outside opportunities such as internships, mentoring and training.	160	163	199	1,157	570	1,265	958	4,472	3.6%	3.6%	4.4%	25.9%	12.7%	28.3%	21.4%	100.0%
59. is an asset to my career and professional development.	151	153	137	647	669	1,372	1,337	4,466	3.4%	3.4%	3.1%	14.5%	15.0%	30.7%	29.9%	100.0%
60. impedes my career development. (REVERSED)	1,744	1,323	279	661	180	182	98	4,467	39.0%	29.6%	6.2%	14.8%	4.0%	4.1%	2.2%	100.0%
61. shares knowledgeable information about career opportunities within academia.	181	306	257	1,010	750	1,260	704	4,468	4.1%	6.8%	5.8%	22.6%	16.8%	28.2%	15.8%	100.0%
62. shares knowledgeable information about career opportunities outside of academia.	376	541	373	1,231	606	875	462	4,464	8.4%	12.1%	8.4%	27.6%	13.6%	19.6%	10.3%	100.0%

63. (if have an advisor) Thinking back to last term, how often did you and your academic advisor devote time specifically to discussing your academic or professional situation (For example, your academic or professional goals, your classes, exams, degree progress or career)?	0 times	1 time	2 times	3-4 times	5-6 times	More than 6 times	Total	0 times	1 time	2 times	3-4 times	5-6 times	More than 6 times	Total
	569	914	1,030	937	380	649	4,479	12.7%	20.4%	23.0%	20.9%	8.5%	14.5%	100.0%

64. When I graduate, I plan to seek employment...	Within academia	Outside of academia	Both	Total	Within academia	Outside of academia	Both	Total
	1,222	1,814	2,285	5,321	23.0%	34.1%	42.9%	100.0%

Below are statements with which you may agree or disagree. Indicate your agreement or disagreement with each item by selecting the appropriate response.

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
<i>In my graduate program, I feel valued and included by...</i>																
65. my peers	145	197	252	457	946	2,139	1,196	5,332	2.7%	3.7%	4.7%	8.6%	17.7%	40.1%	22.4%	100.0%
66. the faculty	203	279	413	674	1,140	1,911	711	5,331	3.8%	5.2%	7.7%	12.6%	21.4%	35.8%	13.3%	100.0%
67. the administration and staff	187	198	264	908	956	1,926	885	5,324	3.5%	3.7%	5.0%	17.1%	18.0%	36.2%	16.6%	100.0%
<i>In my graduate program, my culture is valued and respected by...</i>																
68. my peers	116	132	186	862	610	2,188	1,232	5,326	2.2%	2.5%	3.5%	16.2%	11.5%	41.1%	23.1%	100.0%
69. the faculty	142	152	179	1,075	642	2,076	1,054	5,320	2.7%	2.9%	3.4%	20.2%	12.1%	39.0%	19.8%	100.0%
70. the administration and staff	109	93	135	1,331	572	2,023	1,056	5,319	2.0%	1.7%	2.5%	25.0%	10.8%	38.0%	19.9%	100.0%
71. My graduate program keeps hassles and administrative paperwork to a minimum, freeing me to focus on my academic work.	306	341	531	566	915	1,893	780	5,332	5.7%	6.4%	10.0%	10.6%	17.2%	35.5%	14.6%	100.0%
<i>There is...</i>																
72. a strong sense of community in my graduate program.	330	497	482	559	1,178	1,436	850	5,332	6.2%	9.3%	9.0%	10.5%	22.1%	26.9%	15.9%	100.0%
73. a strong sense of community among graduate students in the university.	437	825	731	1,246	964	848	279	5,330	8.2%	15.5%	13.7%	23.4%	18.1%	15.9%	5.2%	100.0%
74. My graduate program is hostile toward students and the concerns they raise. (REVERSED)	1,292	1,789	560	836	457	256	143	5,333	24.2%	33.5%	10.5%	15.7%	8.6%	4.8%	2.7%	100.0%
75. The university is hostile toward students and the concerns they raise. (REVERSED)	1,017	1,535	509	1,217	486	342	227	5,333	19.1%	28.8%	9.5%	22.8%	9.1%	6.4%	4.3%	100.0%
76. Over the past twelve months, have you been on the receiving end of a significant instance of bias, discrimination or harassment by someone in your graduate program? (REVERSED)	Yes, by another student	Yes, by a faculty member	Yes, by a member of the administration or staff	Yes, by more than one of these	No	Unsure	Total	Yes, by another student	Yes, by a faculty member	Yes, by a member of the administration or staff	Yes, by more than one of these	No	Unsure	Total		
	222	210	58	196	4,100	548	5,334	4.2%	3.9%	1.1%	3.7%	76.9%	10.3%	100.0%		
<i>I know where to get help on campus if I have a...</i>																
	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
77. Health or medical need.	61	151	114	196	420	2,130	2,182	5254	1.2%	2.9%	2.2%	3.7%	8.0%	40.5%	41.5%	100.0%
78. Counseling, psychological or other mental health need.	97	221	225	314	619	1,933	1,840	5249	1.8%	4.2%	4.3%	6.0%	11.8%	36.8%	35.1%	100.0%

79. Have you received mental health care, such as seeing a counselor or psychiatrist, over the past twelve months?	Yes, on campus	Yes, off campus	No	Total	Yes, on campus	Yes, off campus	No	Total
	963	604	3,765	5,332	18.1%	11.3%	70.6%	100.0%

80. If yes, how satisfied are you with the care you received?	Very Dissatisfied	Dissatisfied	Slightly Dissatisfied	Neither Dissatisfied nor Satisfied	Slightly Satisfied	Satisfied	Very Satisfied	Total	Very Dissatisfied	Dissatisfied	Slightly Dissatisfied	Neither Dissatisfied nor Satisfied	Slightly Satisfied	Satisfied	Very Satisfied	Total
	54	76	74	66	211	526	540	1,547	3.5%	4.9%	4.8%	4.3%	13.6%	34.0%	34.9%	100.0%

About how many days in the past week did you...	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days	Total	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days	Total
83. Do a workout or over 20 minutes of exercise	1,109	731	924	925	612	497	267	253	5,318	20.9%	13.7%	17.4%	17.4%	11.5%	9.3%	5.0%	4.8%	100.0%
84. Hang out with friends or participate in a social grouping or activity	590	1,368	1,406	1,011	455	260	93	131	5,314	11.1%	25.7%	26.5%	19.0%	8.6%	4.9%	1.8%	2.5%	100.0%
85. Work on a hobby, skill or talent for personal enrichment	2,063	1,151	868	518	256	211	79	166	5,312	38.8%	21.7%	16.3%	9.8%	4.8%	4.0%	1.5%	3.1%	100.0%
86. Eat plenty of fresh fruits and vegetables	370	484	743	911	770	754	418	863	5,313	7.0%	9.1%	14.0%	17.1%	14.5%	14.2%	7.9%	16.2%	100.0%
87. Skip one or more meals (REVERSED)	1,762	1,018	863	623	338	258	123	325	5,310	33.2%	19.2%	16.3%	11.7%	6.4%	4.9%	2.3%	6.1%	100.0%
88. Drink alcohol	1,921	1,140	889	584	318	209	103	149	5,313	36.2%	21.5%	16.7%	11.0%	6.0%	3.9%	1.9%	2.8%	100.0%
89. Use cannabis	4,751	176	98	63	58	38	28	90	5,302	89.6%	3.3%	1.8%	1.2%	1.1%	0.7%	0.5%	1.7%	100.0%
90. Use tobacco	4,859	130	52	47	26	22	14	146	5,296	91.7%	2.5%	1.0%	0.9%	0.5%	0.4%	0.3%	2.8%	100.0%

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
91. The food environment on campus encourages the consumption of healthy rather than unhealthy foods.	571	755	758	1,351	847	835	195	5,312	10.7%	14.2%	14.3%	25.4%	15.9%	15.7%	3.7%	100.0%
92. During the past year, I've been able to purchase the food I need to meet my nutritional needs.	231	353	454	627	917	1,969	751	5,302	4.4%	6.7%	8.6%	11.8%	17.3%	37.1%	14.2%	100.0%

93. During the past year, how frequently have you skipped or cut the size of meals because there wasn't enough money for food?	Never	Rarely	Occasionally	Sometimes often	Often	Very often	Total	Never	Rarely	Occasionally	Sometimes often	Often	Very often	Total
	2,674	1,619	681	211	136	0	5,321	50.3%	30.4%	12.8%	4.0%	2.6%	0.0%	100.0%

For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the past year.

	Never true	Sometime s true	Often true	Total	Never true	Sometime s true	Often true	Total
94. I was worried whether my food would run out before I got money to buy more.	3,834	1,198	269	5,301	72.3%	22.6%	5.1%	100.0%
95. The food that I bought just didn't last, and I didn't have money to get more.	4,328	787	173	5,288	81.8%	14.9%	3.3%	100.0%

	Not religious/ spiritual	A little bit religious/ spiritual	Religious/ spiritual	Very religious/ spiritual	Total	Not religious/ spiritual	A little bit religious/ spiritual	Religious/ spiritual	Very religious/ spiritual	Total
96. Would you say that you are religious or spiritual?	2,557	1,463	900	380	5,300	48.2%	27.6%	17.0%	7.2%	100.0%

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree Nor Agree	Slightly Agree	Agree	Strongly Agree	Total
If you're a parent or caregiver...																
98. I'm able to balance my work and family commitments.	126	183	264	302	413	357	138	1,783	7.1%	10.3%	14.8%	16.9%	23.2%	20.0%	7.7%	100.0%
99. My family feels supported in this community.	101	112	129	580	231	346	132	1,631	6.2%	6.9%	7.9%	35.6%	14.2%	21.2%	8.1%	100.0%
If you're a doctoral student...																
100. I'm confident I'll have adequate funds to complete my dissertation research.	342	329	348	401	591	912	575	3,498	9.8%	9.4%	9.9%	11.5%	16.9%	26.1%	16.4%	100.0%

Below is a list of statements each of which may or may not be true about you. Please indicate the extent to which each statement is true about you or not.

	Definitely false	Probably false	Probably true	Definitely true	Total	Definitely false	Probably false	Probably true	Definitely true	Total
101. If I wanted to go on a trip for a day (for example, to the country or mountains), I would have a hard time finding someone to go with me. (REVERSED)	1,878	1,886	1,092	423	5,279	35.6%	35.7%	20.7%	8.0%	100.0%
102. I feel that there is no one I can share my most private worries and fears with. (REVERSED)	2,819	1,314	758	387	5,278	53.4%	24.9%	14.4%	7.3%	100.0%
103. If I were sick, I could easily find someone to help me with my daily chores.	636	935	1,884	1,823	5,278	12.1%	17.7%	35.7%	34.5%	100.0%
104. There is someone I can turn to for advice about handling problems with my family.	445	745	1,906	2,175	5,271	8.4%	14.1%	36.2%	41.3%	100.0%
105. If I decide one afternoon that I would like to go to a movie that evening, I could easily find someone to go with me.	405	1,141	2,366	1,348	5,260	7.7%	21.7%	45.0%	25.6%	100.0%
106. When I need suggestions on how to deal with a personal problem, I know someone I can turn to.	243	612	2,064	2,336	5,255	4.6%	11.6%	39.3%	44.5%	100.0%
107. I don't often get invited to do things with others. (REVERSED)	1,762	1,973	1,122	397	5,254	33.5%	37.6%	21.4%	7.6%	100.0%
108. If I had to go out of town for a few weeks, it would be difficult to find someone who would look after my house or apartment (the plants, pets, garden, etc.). (REVERSED)	1,578	2,099	1,045	519	5,241	30.1%	40.0%	19.9%	9.9%	100.0%
109. If I wanted to have lunch with someone, I could easily find someone to join me.	201	710	2,490	1,860	5,261	3.8%	13.5%	47.3%	35.4%	100.0%
110. If I was stranded 10 miles from home, there is someone I could call who could come and get me.	237	518	2,184	2,320	5,259	4.5%	9.8%	41.5%	44.1%	100.0%
111. If a family crisis arose, it would be difficult to find someone who could give me good advice about how to handle it. (REVERSED)	1,844	2,073	968	371	5,256	35.1%	39.4%	18.4%	7.1%	100.0%
112. If I needed some help in moving to a new house or apartment, I would have a hard time finding someone to help me. (REVERSED)	1,854	2,089	920	404	5,267	35.2%	39.7%	17.5%	7.7%	100.0%

Below are some questions designed to investigate your ideas about intelligence. There are no right or wrong answers. Please indicate the extent to which you agree or disagree with each of the following statements.

	Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree	Total	Strongly Agree	Agree	Mostly Agree	Mostly Disagree	Disagree	Strongly Disagree	Total
113. You have a certain amount of intelligence, and you can't really do much to change it. (REVERSED)	124	474	938	1,341	1,432	930	5,239	2.4%	9.0%	17.9%	25.6%	27.3%	17.8%	100.0%
114. Your intelligence is something about you that you can't change very much. (REVERSED)	133	470	938	1,298	1,445	951	5,235	2.5%	9.0%	17.9%	24.8%	27.6%	18.2%	100.0%
115. You can learn new things, but you can't really change your basic intelligence. (REVERSED)	193	598	1,047	1,253	1,281	862	5,234	3.7%	11.4%	20.0%	23.9%	24.5%	16.5%	100.0%

	0 Roommates	1 Roommate	2 Roommates	3 Roommates	4 Roommates	5 Roommates	More than 5 Roommates	Total	0 Roommates	1 Roommate	2 Roommates	3 Roommates	4 Roommates	5 Roommates	More than 5 Roommates	Total
116. Other than spouses/partners or dependents, how many roommates do you live with?	2,505	1,178	721	531	190	80	69	5,274	47.5%	22.3%	13.7%	10.1%	3.6%	1.5%	1.3%	100.0%

	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days	Total
117. About how many days a week do you commute to campus this term?	819	210	465	566	626	1,583	599	412	5,280
	15.5%	4.0%	8.8%	10.7%	11.9%	30.0%	11.3%	7.8%	100.0%

	Walking	Bicycle	Campus bus	City bus	Subway or other train	Carpool or vanpool	Drive alone	Motorcycle, scooter or moped	Rollerblade, skateboard, scooter	Mobility scooter, powered wheelchair or wheelchair	Other	Total
119. What is your primary method of commuting to campus?	1,010	869	450	602	154	249	1,688	41	13	3	162	5,241
	19.3%	16.6%	8.6%	11.5%	2.9%	4.8%	32.2%	0.8%	0.2%	0.1%	3.1%	100.0%

	Very little or no financial support	A little financial support	Some financial support	A great deal of financial support	Complete financial support	Total	Very little or no financial support	A little financial support	Some financial support	A great deal of financial support	Complete financial support	Total
125. Do you receive financial support from your parents or other relatives (non-partners)?	3,171	715	587	441	318	5,232	60.6%	13.7%	11.2%	8.4%	6.1%	100.0%

126. Are you employed in a paid position this term? (Check all that apply.)	Yes
Graduate student instructor or teaching assistant	1,685
Graduate student researcher or research assistant	1,287
Other classroom assistant	51
Other campus employment	279
Off -campus employment	789
Not employed	1,542

128. Since attending this university, have you ever been homeless for any of the following lengths of time (check all that apply)? (Homeless means not having stable or reliable housing, e.g., living on the street, in vehicles, motels, camp grounds, single-occupancy facilities, or couch surfing in other people's homes for temporary sleeping arrangements).	Yes
No	4,942
Yes, during the Fall-Spring academic year	141
Yes, during Summer when taking classes	26
Yes, during Summer when not taking classes	103
Yes, during Winter break	19

	Yes	No	Total	Yes	No	Total
129. Are you currently receiving any government assistance such as food stamps?	135	5,076	5,211	2.6%	97.4%	100.0%
135. Are you married or in a domestic partnership?	1,714	3,524	5,238	32.7%	67.3%	100.0%
136. Are you a parent?	634	4,595	5,229	12.1%	87.9%	100.0%
137. Are you a caregiver?	430	4,781	5,211	8.3%	91.7%	100.0%
138. Are you a U.S. citizen or permanent resident?	3,943	1,287	5,230	75.4%	24.6%	100.0%
139. Have you ever served in the military?	165	5,061	5,226	3.2%	96.8%	100.0%
140. Are you the first person in your immediate family to attend graduate school?	2,521	2,711	5,232	48.2%	51.8%	100.0%
145. Do you live in university-provided housing?	1,100	4,126	5,226	21.0%	79.0%	100.0%

We'd like to know whether you have a physical, mental or emotional condition that causes serious difficulty with your daily activities. Please answer yes or no to the following questions.

	Yes	No	Total	Yes	No	Total
146. Are you deaf or do you have serious difficulty hearing?	38	5,157	5,195	0.7%	99.3%	100.0%
147. Are you blind or do you have serious difficulty seeing even when wearing glasses?	40	5,148	5,188	0.8%	99.2%	100.0%
148. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?	454	4,731	5,185	8.8%	91.2%	100.0%
149. Do you have serious difficulty walking or climbing stairs?	62	5,126	5,188	1.2%	98.8%	100.0%
150. Do you have difficulty dressing or bathing?	21	5,165	5,186	0.4%	99.6%	100.0%
151. Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?	104	5,091	5,195	2.0%	98.0%	100.0%

152. Of the topics discussed in this survey, which would you most like the university to prioritize with regard to attention and resources? Please indicate your top three priorities, starting with what's most important to you.

	First priority	Second priority	Third priority	Total
Mental Health	925	594	588	2,107
Health and Fitness	316	465	480	1,261
Campus Safety	293	264	228	785
Off-campus Safety	83	125	123	331
Food quality or security	153	276	320	749
Housing	643	531	413	1,587
Faculty Advising	344	443	432	1,219
Career Development	532	612	621	1,765
Academic Progress, Quality or Engagement	525	553	509	1,587
Financial Resources/Management (Please explain)	842	604	534	1,980
Graduate Program Climate and Belonging	159	240	327	726
Campus Climate and Inclusion	86	122	154	362
Social Support	67	139	239	445